



Policies and Procedures COVID-19 Health & Illness Policy

All children attending childcare must receive a routine daily screening, by a parent or guardian, before being dropped off at Head Start Pre-Kinder.

If your child has any symptoms of illness, your child will need to stay home for a 24hr observation period or get a COVID-19 test before returning to Head Start Pre-Kinder, depending on their symptoms.

A. What to do if your child has Key Symptoms of Illness:

Key Symptoms of Illness:

- Fever
- Chills
- Coughing
- Difficulty in breathing (in small children, this can look like breathing fast or working hard to breathe)
- Loss of sense of smell or taste
- Nausea or vomiting
- Diarrhea
- Runny nose (with green discharge)

What's next?

- 1.) **If the COVID-19 test is positive**, self isolate and follow the directions of public health
- 2.) **If the COVID-19 test is negative**, your child can return to Head Start Pre-Kinder once they are well enough to participate, and they have been clear for at least 24 hours of fever, vomiting or diarrhea.
- 3.) **If a COVID-19 test is not done**, your child will need to remain home for 10 days, from the onset of symptoms.

B. What to do if your child has minor symptoms of illness:

Minor Symptoms of Illness:

- Constant Runny nose
- Sore Throat
- Headache (in small children, this can look like holding their head or pulling their ear in pain, or complaining of their eyes hurting)
- Fatigue (overly tired and not willing to participate in the program)

What's next?

- 1.) Your child will need to stay home and be monitored for 24 hours. If symptoms improve and your child feels well enough, they can return to Head Start Pre-Kinder without further assessment or a Doctor's note.
- 2.) If during observation their symptoms worsen or are accompanied by one of the Key Symptoms, please seek a health assessment by calling 8-1-1 and notify Head Start Pre-Kinder.
- 3.) If the minor symptoms appear before your child's first day of the week at Head Start Pre-Kinder, parents are responsible for emailing the staff and notifying them prior to attending, via email at teachers@headstartpre-k.com, that the child has been observed for a 24hr period and that the symptom did not worsen and they are well enough to participate.

If on your child's first day of the week, they come in with minor symptoms and **you failed to notify staff you already completed a 24hr period of observation, your child will still be required to go home. **For instance, if you noticed minor signs of illness on Saturday, and the symptoms persists, for your child to not be sent home on Monday, you will need to email teachers@headstartpre-k.com or carlabell@headstartpre-k.com by Sunday.***